DESCRIPTION

An invaluable resource for over four decades, *Personality* examines the fundamental theories and concepts of personality psychology while exploring contemporary research, new methodologies, and the latest technological advancements. Through a well-rounded blend of theory, case studies, and the latest research, this text identifies the structures and processes of personality, traces personality development, and highlights the value of therapeutic change.

An effective pedagogical structure enhances student interest while strengthening objectivity and critical-thinking skills. Psychodynamic, social-cognitive, phenomenological, and trait-theoretic perspectives are presented in an unbiased—yet critical—fashion that encourages students to compare theories, evaluate evidence, analyze data, and form their own conclusions. Thorough historical coverage is balanced with discussions of the current state of the field, providing a solid understanding of theory and methods as relevant to practice today. Suitable for introductory coursework, this text also serves as a valuable resource for advanced studies and as a reference for professionals in psychology and related fields.

Dr. Tracy Caldwell is the author of the ancillaries to accompany Personality, 14th Edition.

RELATED RESOURCES

Instructor
NEW TO EDITION

- Coverage has been alternately expanded and streamlined to reflect each topic’s importance in modern research, theory, and practice
- Contemporary Developments features highlight specific 21st century theories that directly address limitations in previously accepted thinking
- Discussion of modern research methods details the use of new technology, such as computerized text analysis applied to social media

FEATURES

- Illustrates the interconnection between theory, research, and clinical practice
- Highlights the contributions of neuroscience in advancing all aspects of personality theory and research
- Provides a comparative learning framework that capitalizes on student intuition to encourage critical thinking and self-exploration
- Presents complex ideas in an accessible, easy to follow style that directly engages students without oversimplifying critical points
- Incorporates case studies to illustrate general concepts through specific examples
- Emphasizes major theories over those with little relevance to the modern field