DESCRIPTION

An invaluable resource for over four decades, Personality examines the fundamental theories and concepts of personality psychology while exploring contemporary research, new methodologies, and the latest technological advancements. Through a well-rounded blend of theory, case studies, and the latest research, this text identifies the structures and processes of personality, traces personality development, and highlights the value of therapeutic change.

An effective pedagogical structure enhances student interest while strengthening objectivity and critical-thinking skills. Psychodynamic, social-cognitive, phenomenological, and trait-theoretic perspectives are presented in an unbiased—yet critical—fashion that encourages students to compare theories, evaluate evidence, analyze data, and form their own conclusions. Thorough historical coverage is balanced with discussions of the current state of the field, providing a solid understanding of theory and methods as relevant to practice today. Suitable for introductory coursework, this text also serves as a valuable resource for advanced studies and as a reference for professionals in psychology and related fields.

Dr. Tracy Caldwell is the author of the ancillaries to accompany Personality, 14th Edition.

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**FEATURES**

- Illustrates the interconnection between theory, research, and clinical practice

- Highlights the contributions of neuroscience in advancing all aspects of personality theory and research

- Provides a comparative learning framework that capitalizes on student intuition to encourage critical thinking and self-exploration

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