DESCRIPTION

Volume III of *The Handbook of Systemic Family Therapy* focuses on therapy with couples. Information on the effectiveness of relational treatment is included along with consideration of the most appropriate modality for treatment. Developed in partnership with the American Association for Marriage and Family Therapy (AAMFT), it will appeal to clinicians, such as couple, marital, and family therapists, counselors, psychologists, social workers, and psychiatrists. It will also benefit researchers, educators, and graduate students involved in CMFT.

ABOUT THE AUTHOR

Karen S. Wampler, PhD, retired as Professor and Chair of the Human Development and Family Studies department at Michigan State University. She previously served as Department Chair, Marriage and Family Therapy (MFT) Program Director, and the C. R. and Virginia Hutcheson Professor at Texas Tech University. Prior to that, she developed and directed the MFT Program at the University of Georgia. Her research focused on applying attachment theory to couple interaction, family therapy process research, and observational measures of relationships. A past editor of the *Journal of Marital and Family Therapy*, she received the AAMFT Contribution to MFT, NCFR Distinguished Service to Family Therapy, and NCFR Kathleen Briggs Mentor Awards.
Adrian J. Blow, PhD, works as a couple and family therapy intervention researcher and educator at Michigan State University. Adrian is a Professor and Chair in the Human Development and Family Studies department and a core faculty member of the Couple and Family Therapy program. He studies families and trauma, military families, resilience processes in couples, and change processes (common factors) in interventions pertaining to Systemic Family Therapy. He has acquired over 2 million dollars in research grants as Principal Investigator and has published numerous peer-reviewed articles and book chapters. He has mentored many students and in 2017 was awarded the American Association for Marriage and Family Therapy Training Award, which recognizes excellence in family therapy education.

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