**DESCRIPTION**

Diabetes affects a large proportion of the population and it is essential that student nurses, dietitians, podiatrists and other health practitioners and allied healthcare professionals be up to date with the support and treatment that people with diabetes need. *Diabetes Care at a Glance* contains the latest evidence-based and practical information underpinning diabetes care, illustrating the essential principles of partnership, individualised, and informed care in an easily accessible format.

Edited by an expert in the field, with contributions from academics, practitioners and specialist nurses, *Diabetes Care at a Glance* covers topics such as:

- Diabetes prevention, diagnosis of type 1 and type 2 diabetes, and consultation approaches and language matters
- Promotion of healthy eating, physical activity promotion, promoting weight loss, and structured education in type 1 and type 2 diabetes
- Prescriptions, emotional and psychological support, person-centred goal setting and assessing risk, and partnership working and adjustment
- Anti-diabetes oral hypoglycaemics and GLP-1s, insulin options, administration and injection technique, pumps, and self-blood glucose monitoring
Written for student nurses, allied healthcare professionals and newly qualified practitioners, *Diabetes Care at a Glance* is a highly valuable quick reference text, ideal for those looking for an introduction to the topic of diabetes, revision, or for those in need of a refresher.

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**ABOUT THE AUTHOR**

**Dr. Anne Elizabeth Phillips** is National Teaching Fellow and Queen’s Nurse, Programme Lead for Advancing Diabetes Care, at Birmingham City University. Following a career in specialist and community diabetes nursing, Anne has established an international collaborative curriculum for health professionals in diabetes care.

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**SERIES**

*At a Glance (Nursing and Healthcare)*

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