Counselling and Spiritual Accompaniment: Bridging Faith and Person-Centred Therapy

Brian Thorne

DESCRIPTION

Counselling and Spiritual Accompaniment presents the key spiritually-focused writings of Brian Thorne, one of the most influential thinkers on the convergence of spirituality with counselling, along with new material reflecting his recent work in spiritual accompaniment.

• Reflects the increasing focus on spiritual issues as an essential part of therapy

• Represents the culmination of an intellectual quest, undertaken by the most senior figure in the field, to integrate spirituality with counselling and the person-centred approach

• Features chapters that span thirty years of work, along with new writings that bring readers up to date with the author’s most recent work in spiritual accompaniment

• An invaluable guide for counsellors and therapists who acknowledge the importance of spirituality to their clients, but doubt their abilities to help in this area
Brian Thorne is Co-founder and Professional Fellow at The Norwich Centre for Personal, Professional and Spiritual Development, Emeritus Professor of Counselling at the University of East Anglia, and a Lay Canon of Norwich Cathedral. Thorne is an internationally recognised figure in the field of person-centred therapy, and was a close colleague of Carl Rogers.

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