Mental Health concerns are the most serious and prevalent health problems among students in higher education. Increasingly effective psychopharmacological and psychotherapeutic treatments have facilitated matriculation for students with histories of anxiety, mood, personality, eating and substance abuse disorders. This phenomenon has been accompanied by a striking increase in the number of previously undiagnosed students requesting treatment. College and university mental health programs struggle to care for larger numbers of students, necessitating greater interdisciplinary collaboration in treatment, research, outreach, and educational services.

This book fills an important gap in the literature and provides a comprehensive resource for nearly every aspect of college mental health. It includes a strong emphasis on the training and education of graduate and professional students for future work in this field. Chapters are devoted to the significant ethical and legal issues related to treatment and associated administrative and policy challenges. Scholarly chapters on the promise of community mental health and public health approaches are especially innovative. There is also a chapter on international issues in college mental health which will be helpful to those students studying abroad. Mental Health Care in the College Community is written by acknowledged experts from mental health, college and university administration, legal and educational disciplines, all with extensive administrative and clinical experience in higher education settings. This book is clearly written and well illustrated with abundant tables, charts, and figures.

This text will become essential reading for college mental health clinicians, graduate students in the mental health disciplines (psychiatry, psychology, counselling, nursing, and social work), student affairs deans and their staff, and even presidents or provosts of universities and colleges.
ABOUT THE AUTHOR

Dr. Kay is a Fellow of the American College of Psychiatrists and Distinguished Life Fellow of the American Psychiatric Association and has served as the chair of the APA Committee on Medical Student Education, the Council on Medical Education and Career Development, the Vestermark Award Board, and the Committee on the Practice of Psychotherapy. He chairs the World Psychiatric Association Task Force on Undergraduate and Post Graduate Curriculum as well as the APA Committee on College Mental Health. Dr. Kay is the immediate past chair of the Psychiatry Residency Review Committee of the ACGME and the Founding Editor of the *Journal of Psychotherapy Practice and Research* and Associate Editor of the *American Journal of Psychotherapy*. He has published extensively on the topics of medical and psychiatric education, medical ethics, child psychiatry, psychoanalysis, psychotherapy, the neurobiology of psychotherapy, and psychosocial aspects of AIDS and of cardiac transplantation, and has edited numerous books. Dr. Kay serves as the Associate Director of the Comprehensive Neuroscience Center at Wright State University. He received the 2001 APA Seymour Vestermark Award for contributions to psychiatric education. Dr. Kay's current research examines fMRI in borderline personality disordered patients with self-harm behavior.

Dr. Victor Schwartz is currently university dean of students at Yeshiva University and associate professor of clinical psychiatry at Yeshiva's Albert Einstein College of Medicine. He established and was director of the Counseling Center at Yeshiva. Previously Dr. Schwartz was for many years the medical director and chief psychiatrist at the University Counseling Service at New York University. He has also served as assistant director of residency training in psychiatry at NYU School of Medicine. He is a Distinguished Fellow, an original member of the Presidential Task Force on College Mental Health and a member of the Committee on College Mental Health, and co-chair of the working group on law and college mental health all of the American Psychiatric Association. He is also a co-chair of the Committee on the College Student of the Group for the Advancement of Psychiatry. He has written and lectured extensively on college mental health; particularly around the areas of the intersection of law, administration and college mental health, the management of mental health crises in colleges, psychiatric residency training in college mental health services and psychopharmacology practice in college mental health.

Listen to Dr. Victor Schwartz discuss mental health awareness on college campuses.

Listen to Dr Schwartz discussing suicide on campus on the Kids Count radio show

FEATURES

- Covers the management of students who experience depression, anxiety, stress and abuse addictive substances
• Addresses the need for more sophisticated mental health services as effective psychopharmacological and psychotherapeutic treatments facilitate college entry for students who have histories of major depression, schizophrenia, bipolar, obsessive compulsive, posttraumatic stress and eating disorders

• Fills a gap in the literature, raising awareness of the large number of university/college students who are affected by mental health issues and explaining how best to help them

• Highlights the key issues and choices, and gives examples of good practice

• Chapter authors will be nationally recognized experts from mental health, administrative, legal and educational disciplines

For additional product details, please visit https://www.wiley.com/en-us