DESCRIPTION

Featuring leading international authors working in clinical psychology and psychiatry, this handbook offer the most in-depth coverage of social anxiety disorder, including personality factors in SAD, and multicultural issues in the diagnosis, case conceptualization, and treatment of SAD.

• A multi-contributed, internationally diverse handbook covering all major elements of social anxiety disorder, offering an invaluable teaching tool

• This unique text contributes significantly to the field by summarizing the current state of research in the area and outlining future directions

• Provides a comprehensive overview of applied, empirically-supported techniques in the conceptualization, assessment, and treatment of SAD

ABOUT THE AUTHOR

Justin W. Weeks is the Director of the Center for Evaluation and Treatment of Anxiety (CETA) at Ohio University, USA. Dr. Weeks is the author of a number of scientific publications and book chapters, the majority of which focus specifically on social anxiety and
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