Aimed at recently qualified psychiatrists or those looking to qualify soon, *How to Succeed in Psychiatry* is not a source of clinical information but a survival guide to help you through the first years practising psychiatry. This book covers the topics you won’t find in standard textbooks. It deals with daily problems and practical solutions for young psychiatrists. Psychiatric training is less team based than other specialties, so there is less opportunity for learning from colleagues than one would expect: this book helps to fill that gap.

The book opens with an overview of psychiatry training, describing the similarities and differences among various countries. Subsequent chapters address the opportunities for research and how to publish the results. Psychotherapy and community psychiatry each merit their own chapter on training.

Next, the book guides you through the transition phase into a job, discussing opportunities in both the public and private sectors and considering how to choose the best career for you. It reviews important general considerations, such as ethics, professionalism, leadership and management, how to avoid stress and burn out, and how to liaise with other specialties. The book closes with an account of the role of psychiatry associations and continuing professional development.

Written by early career psychiatrists from around the world, this book provides invaluable first-hand experience to all those wishing to embark on a career in this exciting discipline.

• Practical tips for young psychiatrists starting their careers on the wards or in private practice
• Advice on the transition phase at the end of training, career choice and job opportunities

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ABC ABOUT THE AUTHOR

Dr. Andrea Fiorillo obtained his MD at the University of Naples with honours in 1997. He undertook his post-graduate training in psychiatry at the Department of Psychiatry, University of Naples SUN and obtained his PhD in Behavioural Sciences in 2004. He is now Aggregate Professor of Psychiatry at the Department of Psychiatry, University of Naples SUN, teaching Social Statistics, Social Psychiatry, Psychopathology of impulse control disorders, Psychiatry and Research Methodology in Psychiatry. Dr Fiorillo has been a visiting psychiatrist at the University of Birmingham, UK, the University of Maryland, School of Medicine, Baltimore, USA, and Queen Mary University College of London, UK. He has participated in several national and international multicentric studies on social psychiatry and psychiatric epidemiology. He served as President of the Italian Association for Training in Psychiatry (Conferenza Italiana per la Formazione in Psichiatria - CFP) from 2000 to 2007; President of the Italian Association of Young Psychiatrists from 2007 to 2010; and as a member of the Executive Committee of the European Psychiatric Association - Early Career Psychiatrists' Committee from 2005 to 2007. He was also co-Chair of the Executive Committee of the European Psychiatric Association - Early Career Psychiatrists' Committee from 2007 to 2010. Dr Fiorillo is currently Chair of the Executive Committee of the European Psychiatric Association - Early Career Psychiatrists' Committee and a member of the Executive Committee of the Early Career Psychiatrists Council of the World Psychiatric Association, as well as Area Coordinator for Europe I. He is the author and co-author of more than 80 publications in peer-reviewed national and international journals on social psychiatry and psychiatric epidemiology, and of several book chapters on the same topic. He is editor or co-editor of six volumes in the psychiatric field.

Dr Iris Calliess started her training in psychiatry in Switzerland and continued at the Freud-Institute in Frankfurt, Germany and in Berlin. Since 2001 she has been affiliated with the Medical School of Hannover, Germany, where her training in psychiatry was completed, accompanied by an academic specialization in the field of transcultural psychiatry and psychotherapy. She was Founding Member and Chair of the Young Psychiatrists Committees in the German Psychiatric Association (2003-2009) and within the European Psychiatric Association (2005-2011). She is currently head of the research group for transcultural psychiatry and psychotherapy and of a specialized outpatient consultation service for migrants with mental disorders at Hannover Medical School. In addition she is affiliated as a researcher with the Institute for Standardized and Applied Hospital Management at Hannover Medical School.

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