DESCRIPTION

This book engages with the renewed focus on the centrality of occupation in occupational therapy. It is informed by a subtle but significant shift in thinking, towards a recognition that humans are occupational beings, not merely that occupation is an important part of human life. The emergence of this publication is therefore timely amidst the debate on occupational science.

The book is aimed at students of occupational therapy and interested clinicians. It is designed to support them to work in a way that is grounded in and focussed on occupation. The chapters follow a common structure, which underpins a stimulating array of content. This extends from an examination of conceptual issues such as creativity and flow to clinical examples of practising in an occupational way. The final section provides a glimpse of new practice frontiers, including working with refugees and population health.

ABOUT THE AUTHOR

Matthew Molineux is the Head of Occupational Science and Occupational Therapy at Leeds Metropolitan University in the United Kingdom. He is also the founder and director of occupationUK, the British Institute for Occupation and Health. His undergraduate and postgraduate studies were conducted in Australia and the UK, and he has attracted a range of influential international contributors to produce this book. Together, they encompass a broad spectrum of experience in different settings.
FEATURES

* Provides an accessible introduction to current debates on occupation

* Reflects an international perspectives

* Includes case studies which detail interventions

* Practice examples cover both physical and mental health and range from children to older people

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