DESCRIPTION

This second edition of the popular book *Evidence-based Sports Medicine* builds on the features that made the first edition such a valuable text and provides a completely up-to-date tool for sports medicine physicians, family practitioners and orthopedic surgeons.

Updated to take into account new evidence from systematic reviews and controlled trials, *Evidence-based Sports Medicine* is a unique reference book on the optimum management of sports-related conditions. This second edition:

• contains sections on acute injury, chronic conditions, and injuries to the upper limb, groin and knee and to the lower leg

• pays increased attention to the important and emerging area of injury prevention

• features thoroughly revised methodology sections within each chapter, reflecting changes in technique and application

• MCQs and essay questions that allow readers to continually assess their knowledge and understanding of the topics covered

ABOUT THE AUTHOR

Domhnall MacAuley Visiting Professor, Faculty of Life and Health Science, University of Ulster, Ireland; Specialist in Sport and Exercise Medicine; Assistant Editor BMJ
Thomas Best  Professor and Pomerene Chair in Family Medicine, Chief, Division of Sports Medicine, The Ohio State University, Columbus, Ohio, USA

**FEATURES**

A unique reference book on the optimum management of sports related conditions

- Includes reviews published on numerous topics since the first edition
- Updated to take into account new evidence based on systematic reviews and controlled trials
- Thoroughly revised methodology sections within each chapter reflect changes in technique and application
- Includes more MCQs and essay questions and is supported by free access website

**SERIES**

Evidence-Based Medicine

For additional product details, please visit [https://www.wiley.com/en-us](https://www.wiley.com/en-us)