Raising Kids in the 21st Century: The Science of Psychological Health for Children
Sharon K. Hall

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DESCRIPTION

An easy-to-read guide on raising emotionally healthy children that is based on sound psychological research. The book’s format makes it a good choice for students, parents, or practitioners.

• Focuses on seven key areas of child development in raising psychologically healthy children

• Paints an overall picture of the skills children need to become functioning adults through translating the latest scientific research into workable guidelines

• Explores how early cognitive and social development is linked to universal issues of tolerance, sexism, and racism

• Written in a language suitable for the student or general reader

• A useful resource for clinicians to share with families under their care

ABOUT THE AUTHOR

Sharon K. Hall is Associate Professor of Psychology at the University of Houston, Clear Lake, and is currently working with faculty in the School of Education to examine gender and self-esteem among underrepresented youth in higher education. She is a member of American Association of University Women, American Psychological Association, and the Southwestern
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● FEATURES

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