DESCRIPTION

Nutrition and Metabolism
Second Edition

Edited by
Susan A Lanham-New, Ian A Macdonald and Helen M Roche

In this second edition of the second title in the acclaimed Nutrition Society Textbook Series, Nutrition and Metabolism has been revised and updated to meet the needs of the contemporary student.

Groundbreaking in their scope and approach, the titles in the series:

• Provide students with the required scientific basics of nutrition in the context of a systems and health approach

• Enable teachers and students to explore the core principles of nutrition, to apply these throughout their training, and to foster critical thinking at all times. Throughout, key areas of knowledge are identified

• Are fully peer-reviewed, to ensure completeness and clarity of content, as well as to ensure that each book takes a global perspective
Nutrition and Metabolism is an essential purchase for students of nutrition and dietetics, and also for those students who major in other subjects that have a nutrition component, such as food science, medicine, pharmacy and nursing. Professionals in nutrition, dietetics, food science, medicine, health sciences and many related areas will also find much of great value within its covers.

ABOUT THE AUTHOR

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• Facilitates absorption of information through 'key messages' at the start of each chapter

• Designed to meet the needs of students of nutrition worldwide

• Cross-referenced across the series to enable flow of learning

• Written by a team of internationally renowned experts