DESCRIPTION

An easy-to-use book with questions on clinical nutrition clearly posed and answers based on real-life studies, this is a ready reference for the busy healthcare professional.

Clinical Nutrition in Practice opens with introductory chapters on the basis of healthy nutrition, malnutrition and nutritional assessment. These are followed by chapters addressing the nutritional needs of patients with obesity, diabetes, cardiovascular disease, rheumatoid and neurologic disorders, as well as diseases of various organ systems, such as the GI tract, renal and pulmonary systems. Special attention is given to describing nutrition in cancer patients and those with HIV/AIDS and the book concludes with a discussion of enteral and parenteral nutrition.

Nutritionists, dietitians and other health professionals working with patients with impaired nutrition or special nutritional requirements, such as diabetologists, endocrinologists (especially those treating obesity), cardiologists and oncologists will find this a refreshing approach to an important subject. Nurses, medical students and those working in the food industry will also find this a handy guide.

- Easy-to-follow style with questions clearly posed and answers based on real-life case studies
- Outlines the basics of healthy nutrition, malnutrition and nutritional assessment
- Detailed consideration of the nutritional needs of patients with a variety of chronic diseases, e.g. cardiovascular or rheumatoid disorders, cancer and HIV/AIDS
• Uses an interesting contemporary approach that health professionals will find a refreshing change

关于作者

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特点

• 简明易懂的风格，问题明确，答案基于真实生活案例研究

• 概述了健康营养、营养不良和营养评估的基本知识

• 详细考虑了慢性疾病患者的营养需求，如心血管或类风湿性关节炎、癌症和HIV/AIDS

• 使用了有趣且现代的方法，健康专业人士会发现这是一种令人耳目一新的变化

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