DESCRIPTION

Research has shown that optimum maternal and child nutrition can reduce the incidence of chronic conditions ranging from obesity, food allergy and asthma, to cardiovascular disease and cancers.

This exciting book, edited by Fiona Dykes and Victoria Hall Moran and with a foreword from Gretel Pelto, explores in an integrated context the varied factors associated with infant and child nutrition, including global feeding strategies, cultural factors, issues influencing breastfeeding, and economic and life cycle influences. Carefully drawn together and edited, recognising the many complexities and challenges that face practitioners working in the field, this landmark publication offers practical suggestions in this vitally important subject.

Infant and Young Child Feeding:

- Offers crucial insights into implementation of a Global Strategy for Infant and Young Child Feeding
- Illuminates the complex challenges for nutritionists, dieticians and other health and social care professionals in implementing international guidelines within local cultural settings
- Includes contributions from leading international experts in the field

All libraries in universities, medical schools and research establishments where nutrition and dietetics, midwifery, medicine, nursing, health studies and social sciences are studied and taught should have copies of this crucially important book on their shelves.
ABOUT THE AUTHOR

**Fiona Dykes** is Professor of Maternal and Infant Health and Director of the Maternal and Infant Nutrition and Nurture Unit (MAINN) at the University of Central Lancashire, UK. and **Victoria Hall Moran** is a Senior Lecturer in MAINN and Editor-in-Chief of *Maternal and Child Nutrition*.

FEATURES

- Edited by Victoria Hall-Moran and Fiona Dykes with contributions from an international team of multi-disciplinary authors

- Provides crucial advice for implementing WHO Global Strategy for Infant and Young Child Feeding in practice

- Provides dietitians and nutritionist in public health settings with valuable guidance on encouraging best practice in infant feeding, from breastfeeding to HIV prevention

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