DESCRIPTION

This ground-breaking textbook is the first to cover the new and rapidly developing field of occupational health psychology.

• Provides a thorough introduction to occupational health psychology and an accessible overview of the key themes in research and practice

• Each chapter relates to an aspect of the core education curriculum delineated by the European Academy of Occupational Health Psychology

• Written by internationally recognized experts in the field

• Examines a host of contemporary workplace health issues, including work-related stress; the psychosocial work environment; positive psychology and employee well-being; psychosocial risk management; workspace design; organizational research methods; and corporate culture and health

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