Metric Pattern Cutting for Women's Wear provides a straightforward introduction to the principles of form pattern cutting for garments to fit the body shape, and flat pattern cutting for casual garments and jersey wear.

This sixth edition remains true to the original concept: it offers a range of good basic blocks, an introduction to the basic principles of pattern cutting and examples of their application into garments.

Fully revised and updated to include a brand new and improved layout, up-to-date skirt and trouser blocks that reflect the changes in body sizing, along with updates to the computer-aided design section and certain blocks, illustrations and diagrams.

This best-selling textbook still remains the essential purchase for students and beginners looking to understand pattern cutting and building confidence to develop their own pattern cutting style.

Winifred Aldrich is a leading authority on pattern cutting and the author of six fashion titles. Winifred was formerly Professor of Clothing Technology at Nottingham Trent University and a practicing fashion designer. She continues to research pattern design practices.
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